

2018 Sources of Income

- United Way
- Grants
- AL Department of Mental Health
- Service Contracts
- Sliding Scale Fees
- Donations

2018 Services

Pre-Treatment
Medium Intensity Residential
Low Intensity Treatment
Continuing Care
Opioid Specific Treatment

Community Network

Community problems require community solutions. Fellowship House is so grateful for the support and assistance we receive locally and statewide. Our goals and missions are a community effort and could not be achieved without our volunteers, interns, alumni, referring agencies, fellow non-profit agencies, the self-help community, employers, local academic institutions, hospitals, clinics, and all others who work for the healing and recovery of addicted individuals.

Respectfully Submitted,

Beth Bachelor

2018 Chief Executive Officer

A.W. Kady Abbott

2018 Clinical Director

2018 Board of Directors

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Jessica Drummond	Monique Campbell

Chief Executive Officer

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Clinical Director

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Medical Consultants

Dr. Howard Strickler
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Our goal is to aid the alcoholic and drug addict in the personal, social and vocational adjustments necessary for the maintenance of a sober, drug free, productive life.



United Way
of Central Alabama, Inc.

Our Mission

Fellowship House is a non-profit, United Way agency, which was established in 1965. It is a recovery-oriented program designed to service the special needs of individuals who suffer from alcoholism, drug addiction, and co-occurring disorders. Our goal is to aid each individual in the personal, social, and vocational adjustments necessary for the maintenance of a sober and productive life.

Our goal has always been to provide the individual with basic living needs, a therapeutic environment, and the ability to return to society as a functional, self-supporting, drug and alcohol free individual. We have medium intensity residential beds and transitional beds at our apartment program. We offer a continuum of services that individuals can utilize through many stages of their addiction and that follow with the standards of the American Society of Addiction Medicine (ASAM). We do not discriminate against anyone on the basis of race religion, ethnicity, sexual orientation, age, handicap, or income.

Our philosophy is to treat the individual as a whole. We provide this approach by intensive case management and utilizing support from community partners to address personal, social, and vocational needs. Our individuals are assessed initially and ongoing throughout their treatment to determine their needs and goals. Individuals admitted to Fellowship House have a support team that consists of a case manager, clinician, recovery coach, and specialized coordinators.

Fellowship House uses the American Society of Addiction Medicine, National Institute on Drug Addiction's 13 Principles of Effective Treatment, the Big Book of Alcoholics Anonymous, and Recovery Oriented Systems of Care as guides to our treatment methodology. Through these guides we assist our individuals in establishing a sober, drug-free, and productive life. We use a collaborative approach to insure individuals get a full spectrum of care. Addiction can be a complex and deadly disease, but with the appropriate support, it is treatable and people do recover.

Annual Report

We keep in contact with all residents who have gone through the Fellowship House at scheduled points in the year. We collect our outcomes from these scheduled contacts. We measure outcomes of all former residents, regardless of their type of discharge or length of stay. These outcomes exclude individuals who were unable to be reached at their scheduled review.

Admissions most frequently are represented by alcohol, cocaine, opioid, and methamphetamine use.

Many clients deal with homelessness, unemployment, mental illness, and issues with the criminal justice system.

97% of individuals represented are from Jefferson County

70% of individuals were compliant or had resolved legal obligations at time of follow up

65% of individuals had reduced or no drug and alcohol use at time of follow up

Admission Requirements

- Must be 19 years of age or older
- Have a form of identification
- Have no current withdrawals or have completed a detox

For admission into Fellowship House, you can reach the Intake department many ways. You can call them at extension 402, email them at intake@fshbhm.org, or walk in one morning Monday-Friday and speak to a member of the intake department. We also provide Pretreatment classes as interim care while waiting for a bed to become available. Through Pre-Treatment, you can obtain an assessment, receive case management services, attend classes and meetings, and receive linkages to other services and programs as needed. Pre-Treatment classes are Mondays, Tuesdays, and Thursdays from 7:30-9:30 AM.



FELLOWSHIP HOUSE INC.
Recovery Services

Programs & Services

Opioid Specific Treatment

Fellowship House added an outpatient program in the fall of 2017 to assist in addressing the Opioid Epidemic. This program is specifically for opioid users, and consists of individual counseling, group therapy, case management services, and Medication Assisted Treatment. This is a schedule driven program and primarily funded by Department of Mental Health.

Residential

Residential programs, including medium intensity and transitional apartments, are at the core and tradition of Fellowship House. These opportunities provide a supportive, structured environment that include self-help meetings, groups, individual counseling, case management, vocational assistance, medication management, family services, social supports, placement, and continuing care. Length of stay is based on individualized treatment planning and assessed needs, utilizing evidence-based dimensions and placement criteria.

Co-Occurring

The Fellowship House Co-Occurring Program addresses the needs of individuals who suffer from alcohol/drug addiction and also have serious mental illness, such as schizophrenia, bipolar disorder, and major depression. Most of these applicants have experienced multiple substance abuse, psychiatric, and/or criminal justice interventions, and tend to have high rates of homelessness and health problems. Fellowship House is invested in breaking the cycle of institutionalization for this population and helping them achieve productive lives in their communities. We want individuals to know that there is understanding of their mental illness, and we have peer support, support groups, medication management, and placement services specialized for their specific needs.

Family Program

Fellowship House's Family Program offers a variety of assistance with the goal of re-establishing and rebuilding family relationships. Our Family Coordinator provides services that can include family counseling onsite or from a referral, family events, and group therapy. We focus on communication, support, and healthy boundaries. Residents are engaged in groups focusing on family and healthy relationships as an ongoing part of treatment.

Continuing Care

After treatment, individuals need continued support in their recovery. In our continuing care program, individuals attend groups, meetings, have a care plan, and contact is maintained to encourage long term recovery. Continuing Care also promotes stable employment, a drug free environment, continued utilization of 12 step meetings, and compliance with mental health and medical care. This assists in continued efforts to repair health, heal relationships, and regain independent functioning.