Established 1965
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OUR MISSION

Our goal has always been to provide the individual with basic living needs, a therapeutic environment, and the ability to return to society as a functional, self-supporting, drug and alcohol free individual. We have 72 medium intensity residential beds and 42 transitional apartment beds. We offer a continuum of services that individuals can utilize through many stages of their addiction and that follows with the standards of the American Society of Addiction Medicine (ASAM).

We do not discriminate against anyone on the basis of race, religion, ethnicity, sexual orientation, age, handicap, or income. Our philosophy is to treat the individual as a whole and to meet them where they are at the start of treatment. We provide this approach through intensive case management and utilizing support from community partners to address personal, social, and vocational needs.

Our individuals are assessed initially and ongoing throughout their treatment to determine their needs and goals. Individuals admitted to Fellowship House have a support team that consists of a case manager, clinician, recovery coach, and specialized coordinators.

Fellowship House uses the American Society of Addiction Medicine, National Institute on Drug Addiction’s 13 Principles of Effective Treatment, the Big Book of Alcoholics Anonymous, and Recovery Oriented Systems of Care as guides to our treatment methodology. Through these guides, we assist our individuals in establishing a sober, drug-free, and productive life. We use a collaborative approach to ensure individuals get a full spectrum of care. Addiction can be a complex and deadly disease, but with the appropriate support, it is treatable and people do recover.

Fellowship House is a non-profit agency designed to service the special needs of individuals who suffer from substance use and co-occurring disorders.

Goal: To aid each individual in the personal, social, and vocational adjustments necessary for the maintenance of a sober and productive life.
<table>
<thead>
<tr>
<th>Number Served</th>
<th>Program</th>
<th>Details</th>
</tr>
</thead>
<tbody>
<tr>
<td>899</td>
<td>Medium Intensity Residential</td>
<td>Our residential program provides a structured and supportive environment for men and women who are unable to achieve and maintain sobriety in an outpatient or home setting. Each individual is assigned a treatment team that consists of a counselor, case manager, and a peer who develop an individualized treatment plan to meet their unique needs.</td>
</tr>
<tr>
<td>642</td>
<td>Jefferson County Outpatient</td>
<td>Our Jefferson County outpatient program allows participants to have more independence while still receiving services to address their substance abuse. Each individual is assigned a counselor, case manager, peer, and MAT physician to create an individualized treatment plan to assist with maintaining long-term sobriety.</td>
</tr>
<tr>
<td>384</td>
<td>Walker County Outpatient</td>
<td>We have an outpatient program located in Walker County which brings the same services as our Jefferson County location to rural Alabama. Expanding services into Walker County is helping to address the higher rates of opioid overdoses and bringing treatment services to an area with limited resources.</td>
</tr>
<tr>
<td>34</td>
<td>She Recovers</td>
<td>She Recovers is our partner program with UAB that provides substance abuse treatment and Medication Assisted Treatment to women who are pregnant or who have dependent children. Program participants are offered parenting classes, counseling, and other resources they need before and after pregnancy.</td>
</tr>
<tr>
<td>55</td>
<td>Low Intensity Residential</td>
<td>The Low-Intensity Apartments offer a step down living space while still allowing the individuals to remain close and connected to treatment while they are transitioning to independent living.</td>
</tr>
<tr>
<td>1,075</td>
<td>Medication Assisted Treatment</td>
<td>Medication Assisted Treatments (MAT) are FDA-approved medications that help individuals with opioid and alcohol diagnoses. MAT medications offered include Buprenorphine, Naltrexone, and Vivitrol. These medications are prescribed under the supervision of a doctor and continuously monitored by the treatment team to ensure the medication continues to be effective for the individuals’ needs.</td>
</tr>
</tbody>
</table>
PROGRAMS

Pre-Treatment

The Pre-Treatment Program offers interim services and classes that are open to the community. Classes are offered twice a week for individuals who are trying to get into treatment or just need extra support. Participants are provided case management services and assistance with navigating the treatment process.

Co-Occurring Program

Individuals who are diagnosed with a serious mental illness, such as bipolar disorder, major depressive disorder, or schizophrenia, are offered a curriculum that provides classes and services that address mental health and substance abuse. By treating the whole person and incorporating a mental health diagnosis into an individualized treatment plan, we are reducing barriers to success and helping them reach long-term recovery.

Family Program

Our Family Program is one that every client has access to if they want to have their family be a part of their treatment experience. A strong support network can be vital to an individual’s recovery and we offer group and individual sessions for clients to positively engage with their family during treatment.

Continuing Care

Every individual that leaves the Fellowship House is enrolled in the Continuing Care Program. Staff connects with all participants after discharge at 30 days, 90 days, 6 months, and 12 months intervals. Connecting with past clients allows us to gauge our treatment success and find ways that we can improve our services, as well as provide ongoing support and recovery tools.

AT A GLANCE

Total ASAM Placement Assessments Completed: 171

Total Admissions: 715
Total Discharges: 609

Top Primary Diagnoses

- F1120 Opioid Dependence: 52.3%
- F1020 Alcohol Dependence: 20.2%
- F1520 Stimulant Dependence: 12.2%
COMMUNITY

Community engagement and outreach is how the Fellowship House grows and adapts to the ever-changing needs of our community members. By engaging with other organizations, we are able to build a robust network of vital resources to better serve our community. This engagement also opens up possibilities for future partnerships that can decrease disparities and increase accessibility for our target populations. One of Fellowship House’s main missions is to reduce barriers to treatment and resources that will assist individuals in leading productive and sober lives, and that could not be done without community engagement and support.

Partnership in-kind/service donations:
- Aletheia House healthcare bus
- Addiction Prevention Coalition Thanksgiving meal and Back to School backpacks
- Blue Cross Blue Shield toiletry kits
- Hoover Church of Christ Christmas meal

Community Presence & Outreach:
- Walker Co. jail women’s group Pardon’s & Paroles for DRC program
- A Woman’s Place Support group
- Pathways Women’s Shelter Education group
- Wellhouse Women’s Education group
- End Addiction Bham Event and other community resource fairs
- Jefferson County Recovery Month festival

Junior Board

In 2021, Fellowship House developed a Junior Board that has hosted numerous community events. This group is vital in order to fulfill the Fellowship House mission, through fundraising, volunteerism, and promoting the values of Fellowship House along with United Way. This group also serves as a pipeline for future leaders of Fellowship House’s Board of Directors. In 2022, the Junior Board hosted a spirit night with Milo’s, a recruiting and charity night with Watkins Branch, and the annual Christmas Market fundraiser in partnership with Sloss Furnaces.
# Sources of Income

<table>
<thead>
<tr>
<th>Source</th>
<th>Amount</th>
</tr>
</thead>
<tbody>
<tr>
<td>United Way Allocation</td>
<td>$234,148</td>
</tr>
<tr>
<td>Non Government Grants</td>
<td>$211,748</td>
</tr>
<tr>
<td>Donations</td>
<td>$21,791</td>
</tr>
<tr>
<td>Walker Area Community Foundation</td>
<td>$194,498</td>
</tr>
<tr>
<td>Misc &amp; Interest Income</td>
<td>$10,146</td>
</tr>
<tr>
<td><strong>Program Service Contracts</strong></td>
<td></td>
</tr>
<tr>
<td>ADMH Contract</td>
<td>$3,110,685</td>
</tr>
<tr>
<td>Federal Probation</td>
<td>$35,988</td>
</tr>
<tr>
<td>VA Contract</td>
<td>$17,370</td>
</tr>
<tr>
<td>JBS Contract</td>
<td>$154,200</td>
</tr>
<tr>
<td><strong>Client Fees</strong></td>
<td></td>
</tr>
<tr>
<td>Food Stamp Revenue</td>
<td>$80,441</td>
</tr>
<tr>
<td>Transitional Apartments</td>
<td>$141,737</td>
</tr>
<tr>
<td>Sliding Scale Fees</td>
<td>$66,711</td>
</tr>
<tr>
<td>Client Admission Fees</td>
<td>$13,026</td>
</tr>
<tr>
<td><strong>Total Income</strong></td>
<td>$4,292,489</td>
</tr>
</tbody>
</table>

# Highlights

- **UWCA-Community Crisis Fund Grant**
  - $50,000 for medication assistance

- **Addiction Prevention Coalition Intake Fee Scholarship Total**
  - $4,050 total - helping 124 clients with access to treatment

- **AL Department of Mental Health Grants**
  - SOR2 $445,541
  - ACRU $376,655
FELLOWSHIP HOUSE
GOVERNANCE AND STAFF

2022 BOARD OF DIRECTORS
Jack Carney-President
Monique Campbell-Vice President
Misty Williams-Secretary/Treasurer
Jessica Drummond-Member at Large
Kurtis Eaton- Member at Large
Debi Lacher-Member at Large
Eason Balch, III
Jack Brasher
Kay Laumer
Clifford Kennon
James Walsh
Denise Torossian
Jonathan Cross
Camille Edwards

CHIEF EXECUTIVE OFFICER
Beth Bachelor

MEDICAL CONSULTANT
Dr. Cayce Paddock

LEADERSHIP TEAM
A.W. Kady Abbott-Clinical Director
Elizabeth Norman-Associate Director
Takeyla Heard-Residential Coordinator
Greg Billings-Low Intensity Coordinator
Camille Holcomb-Outpatient Coordinator
Willie Thompson-Case Management Coordinator

www.fshbhm.org
205-933-2430
WE'D LIKE TO THANK ALL OUR DONORS FOR THEIR GENEROUS SUPPORT

The impact that Fellowship House has made in 2022 would not have gone as far or touched as many people without your investment and support. We are so grateful to you and we look forward to the years to come!

Thank you from the staff, board members, volunteers, and clients!