

Annual Report 2022



FELLOWSHIP HOUSE INC.
Recovery Services

Established 1965



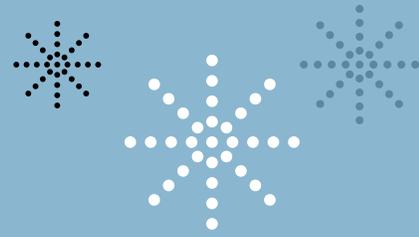
FELLOWSHIP HOUSE
Recovery Services

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OUR MISSION



Our goal has always been to provide the individual with basic living needs, a therapeutic environment, and the ability to return to society as a functional, self-supporting, drug and alcohol free individual. We have 72 medium intensity residential beds and 42 transitional apartment beds. We offer a continuum of services that individuals can utilize through many stages of their addiction and that follows with the standards of the American Society of Addiction Medicine (ASAM).

We do not discriminate against anyone on the basis of race, religion, ethnicity, sexual orientation, age, handicap, or income. Our philosophy is to treat the individual as a whole and to meet them where they are at the start of treatment. We provide this approach through intensive case management and utilizing support from community partners to address personal, social, and vocational needs.

Our individuals are assessed initially and ongoing throughout their treatment to determine their needs and goals. Individuals admitted to Fellowship House have a support team that consists of a case manager, clinician, recovery coach, and specialized coordinators.

Fellowship House uses the American Society of Addiction Medicine, National Institute on Drug Addiction's 13 Principles of Effective Treatment, the Big Book of Alcoholics Anonymous, and Recovery Oriented Systems of Care as guides to our treatment methodology. Through these guides, we assist our individuals in establishing a sober, drug-free, and productive life. We use a collaborative approach to ensure individuals get a full spectrum of care. Addiction can be a complex and deadly disease, but with the appropriate support, it is treatable and people do recover.

Fellowship House is a non-profit agency designed to service the special needs of individuals who suffer from substance use and co-occurring disorders.

Goal:
To aid each individual in the personal, social, and vocational adjustments necessary for the maintenance of a sober and productive life.

Number Served	Program	Details
899	Medium Intensity Residential	Our residential program provides a structured and supportive environment for men and women who are unable to achieve and maintain sobriety in an outpatient or home setting. Each individual is assigned a treatment team that consists of a counselor, case manager, and a peer who develop an individualized treatment plan to meet their unique needs.
642	Jefferson County Outpatient	Our Jefferson County outpatient program allows participants to have more independence while still receiving services to address their substance abuse. Each individual is assigned a counselor, case manager, peer, and MAT physician to create an individualized treatment plan to assist with maintaining long-term sobriety.
384	Walker County Outpatient	We have an outpatient program located in Walker County which brings the same services as our Jefferson County location to rural Alabama. Expanding services into Walker County is helping to address the higher rates of opioid overdoses and bringing treatment services to an area with limited resources.
34	She Recovers	She Recovers is our partner program with UAB that provides substance abuse treatment and Medication Assisted Treatment to women who are pregnant or who have dependent children. Program participants are offered parenting classes, counseling, and other resources they need before and after pregnancy.
55	Low Intensity Residential	The Low-Intensity Apartments offer a step down living space while still allowing the individuals to remain close and connected to treatment while they are transitioning to independent living.
1,075	Medication Assisted Treatment	Medication Assisted Treatments (MAT) are FDA-approved medications that help individuals with opioid and alcohol diagnoses. MAT medications offered include Buprenorphine, Naltrexone, and Vivitrol. These medications are prescribed under the supervision of a doctor and continuously monitored by the treatment team to ensure the medication continues to be effective for the individuals' needs.

PROGRAMS



Pre-Treatment

The Pre-Treatment Program offers interim services and classes that are open to the community. Classes are offered twice a week for individuals who are trying to get into treatment or just need extra support. Participants are provided case management services and assistance with navigating the treatment process.

Family Program

Our Family Program is one that every client has access to if they want to have their family be a part of their treatment experience. A strong support network can be vital to an individual's recovery and we offer group and individual sessions for clients to positively engage with their family during treatment.

Co-Occurring Program

Individuals who are diagnosed with a serious mental illness, such as bipolar disorder, major depressive disorder, or schizophrenia, are offered a curriculum that provides classes and services that address mental health and substance abuse. By treating the whole person and incorporating a mental health diagnosis into an individualized treatment plan, we are reducing barriers to success and helping them reach long-term recovery.

Continuing Care

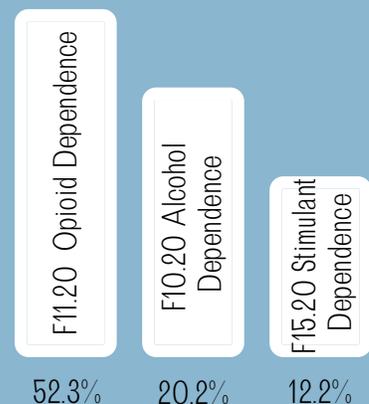
Every individual that leaves the Fellowship House is enrolled in the Continuing Care Program. Staff connects with all participants after discharge at 30 days, 90 days, 6 months, and 12 months intervals. Connecting with past clients allows us to gauge our treatment success and find ways that we can improve our services, as well as provide ongoing support and recovery tools.

AT A GLANCE

Total ASAM
Placement
Assessments
Completed:
171

Total Admissions: 715
Total Discharges: 609

Top Primary Diagnoses



COMMUNITY

Community engagement and outreach is how the Fellowship House grows and adapts to the ever-changing needs of our community members. By engaging with other organizations, we are able to build a robust network of vital resources to better serve our community. This engagement also opens up possibilities for future partnerships that can decrease disparities and increase accessibility for our target populations. One of Fellowship House's main missions is to reduce barriers to treatment and resources that will assist individuals in leading productive and sober lives, and that could not be done without community engagement and support.



Community Presence & Outreach:

- Walker Co. jail women's group Pardon's & Paroles for DRC program
- A Woman's Place Support group
- Pathways Women's Shelter Education group
- Wellhouse Women's Education group
- End Addiction Bham Event and other community resource fairs
- Jefferson County Recovery Month festival

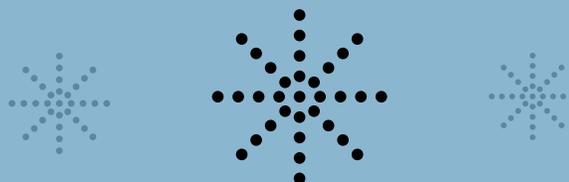
Partnership in-kind/service donations:

- Aletheia House healthcare bus
- Addiction Prevention Coalition Thanksgiving meal and Back to School backpacks
- Blue Cross Blue Shield toiletry kits
- Hoover Church of Christ Christmas meal



Junior Board

In 2021, Fellowship House developed a Junior Board that has hosted numerous community events. This group is vital in order to fulfill the Fellowship House mission, through fundraising, volunteerism, and promoting the values of Fellowship House along with United Way. This group also serves as a pipeline for future leaders of Fellowship House's Board of Directors. In 2022, the Junior Board hosted a spirit night with Milo's, a recruiting and charity night with Watkins Branch, and the annual Christmas Market fundraiser in partnership with Sloss Furnaces.





SOURCES OF INCOME



United Way Allocation	\$234,148
Non Government Grants	\$211,748
Donations	\$21,791
Walker Area Community Foundation	\$194,498
Misc. & Interest Income	\$10,146

Program Service Contracts

ADMH Contract	\$3,110,685
Federal Probation	\$35,988
VA Contract	\$17,370
JBS Contract	\$154,200

Client Fees

Food Stamp Revenue	\$80,441
Transitional Apartments	\$141,737
Sliding Scale Fees	\$66,711
Client Admission Fees	\$13,026

Total Income **\$4,292,489**



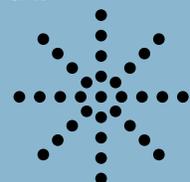
HIGHLIGHTS

UWCA-Community Crisis Fund Grant
\$50,000 for medication assistance

Addiction Prevention Coalition Intake Fee Scholarship Total
\$4,050 total - helping 124 clients with access to treatment

AL Department of Mental Health Grants

SOR2 **\$445,541**
 ACRU **\$376,655**



FELLOWSHIP HOUSE GOVERNANCE AND STAFF



2022 BOARD OF DIRECTORS

- Jack Carney-President
- Monique Campbell-Vice President
- Misty Williams-Secretary/Treasurer
- Jessica Drummond-Member at Large
- Kurtis Eaton- Member at Large
- Debi Lacher-Member at Large
- Eason Balch, III
- Jack Brasher
- Kay Laumer
- Clifford Kennon
- James Walsh
- Denise Torossian
- Jonathan Cross
- Camille Edwards

CHIEF EXECUTIVE OFFICER

Beth Bachelor

MEDICAL CONSULTANT

Dr. Cayce Paddock

LEADERSHIP TEAM

- A.W. Kady Abbott-Clinical Director
- Elizabeth Norman-Associate Director
- Takeyla Heard-Residential Coordinator
- Greg Billings-Low Intensity Coordinator
- Camille Holcomb-Outpatient Coordinator
- Willie Thompson-Case Management Coordinator



WE'D LIKE TO THANK ALL OUR DONORS FOR THEIR GENEROUS SUPPORT



The impact that Fellowship House has made in 2022 would not have gone as far or touched as many people without your investment and support. We are so grateful to you and we look forward to the years to come!

Thank you from the staff, board members, volunteers, and clients!

